



# 2013 Florida County Profiles

## Polk

Population by Age Category		
All Ages	613,950	100.0%
Under 60	459,826	74.9%
60+	154,124	25.1%
65+	115,199	18.8%
70+	79,319	12.9%
75+	50,273	8.2%
80+	28,969	4.7%
85+	12,955	2.1%

Population by Race (60+)		
White	138,165	89.6%
Non-White	15,712	10.2%
Black	13,259	8.6%
Other Minorities	2,453	1.6%

Population by Ethnicity (60+)		
Total Hispanic	10,561	6.9%
White	9,650	6.3%
Non-White	911	0.6%
Total Non-Hispanic	143,563	93.1%
Total Minorities <sup>1</sup>	25,609	16.6%

Population by Gender (60+)		
Population 60+	154,124	25.1%
Male	70,939	46.0%
Female	83,185	54.0%

Financial Status (60+, % 60+)		
Below Poverty Guideline	13,520	8.8%
Below 125% of Poverty Guideline	21,679	14.1%
Minorities Below Poverty Guideline	4,777	3.1%
Minorities Below 125% of Poverty Guideline	7,060	4.6%

Medically Underserved (65+)		
Total Medically Underserved		42,116
Medically Underserved Populations - Living in Areas Defined as Having Medically Underserved Populations		42,116
Medically Underserved Areas - Living in Medically Underserved Areas		0

Living Situation (60+)		
Living Alone		32,371
Male		9,879
Female		22,492

Grandparents (60+)	
Total 60+ Living With Own Grandchildren (Under Age 18)	6,917
Grandparent Responsible for Own Grandchildren (Under Age 18)	2,439
Grandparent Not Responsible for Own Grandchildren (Under Age 18)	4,478
60+ Not Living With Own Grandchildren (Under Age 18)	144,326

Skilled Nursing Facility Utilization	
SNF Beds	3,005
Community Beds	2,945
Sheltered Beds	60
Veterans Administration Beds	0
Other Beds	0
SNFs With Beds	26
Community Beds	24
Sheltered Beds	2
Veterans Administration Beds	0
Other Beds	0
SNFs With Community Beds	24
Community Bed Days	1,074,925
Community Patient Days	958,709
Medicaid Patient Days	568,840
Occupancy Rate	89.2%
Percent Medicaid	59.3%

Adult Day Care	
Facilities	2
Capacity	123

Adult Family Care Homes	
Homes	14
Beds	65

Home Health Agencies	
Agencies	41
Medicaid Certified Agencies	12
Medicare Certified Agencies	30

Homemaker & Companion Service Companies	
Companies	40

Ambulatory Surgical Centers	
Facilities	8
Operating Rooms	21
Recovery Beds	67



# 2013 Florida County Profiles

## Polk (Continued)

Rural Designation	
Rural (Yes/No)	NO

Assisted Living Facilities	
Total Beds	1,589
OSS Beds <sup>2</sup>	263
Non-OSS Beds	1,326
Total Facilities	24
Facilities With ECC License <sup>3</sup>	6
Facilities With LMH License <sup>4</sup>	2
Facilities With LNS License <sup>5</sup>	9

Hospitals	
Hospitals	6
Hospitals With Skilled Nursing Units	0
Hospital Beds	1,803
Skilled Nursing Unit Beds	0

Medical Professionals	
Medical Doctors	
Licensed	886
Limited License	2
Critical Need Area License	11
Restricted	0
Medical Faculty Certificate	0
Public Health Certificate	0
Specialties	
Licensed Podiatric Physicians	26
Licensed Osteopathic Physicians	72
Licensed Chiropractic Physicians	105
Registered Nurses	
Licensed Registered Nurses	6,550

Driver's License	
Drivers With Florida Driver's License - All Ages	448,811
Drivers With Florida Driver's License - Age 60+	135,147
Percent of Drivers With Florida Driver's License - Age 60+	30.1%

Food Stamps (60+)	
Participants (60+)	11,023
Potentially Eligible	21,679
Food Stamp Participation Rate (60+)	50.8%

Registered Voters	
Registered to Vote in Florida - All Ages	361,729
Registered to Vote in Florida - Age 60+	127,052
Percent of Population Registered to Vote in Florida - Age 60+	35.1%

Households With Cost Burden Above 30% and Income Below 50% Area Median Income (65+) (2010)	
Elder Households	67,735
Percent of All Households	14.0%

Median Household Income (All Ages)	
2008-2012	\$43,606

Medicaid & Medicare Eligibility	
Medicaid Eligible - All Ages	132,519
Medicaid Eligible - 60+	16,317
Dual Eligible - All Ages	23,156
Dual Eligible - 60+	14,612

Veterans	
Total	45,573
Age 45-64	18,810
Age 65-84	23,266
Age 85+	3,497

Disability Status (60+)	
With One Type of Disability <sup>6</sup>	22,805
Hearing	19,514
Vision	8,692
Cognitive	12,166
Ambulatory	31,583
Self-Care	9,549
Independent Living	19,352
With Two or More Disabilities	25,908
With No Disabilities	106,312
Probable Alzheimer's Cases <sup>7</sup>	12,995

English Proficiency (60+)	
With Limited English Proficiency	4,904

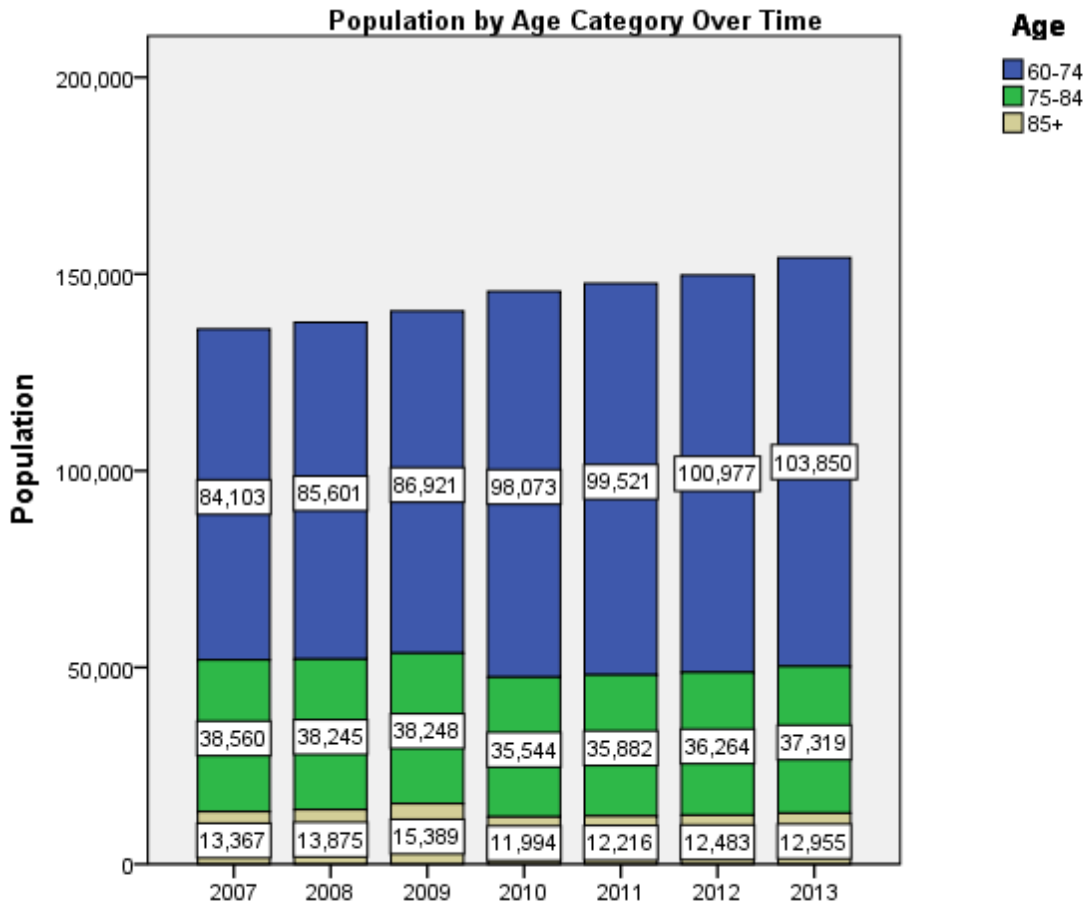
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## Polk (Continued)

Cost of Living	
	Annual Expenses <sup>8</sup>
<b>Single Elders</b>	
Owner without Mortgage	\$17,280
Renter, one bedroom	\$21,624
Owner with Mortgage	\$25,356
<b>Elder Couple</b>	
Owner without Mortgage	\$26,496
Renter, one bedroom	\$30,840
Owner with Mortgage	\$34,572

Note: Wider Opportunities for Women Elder Economic Security Standard™ Index (Elder Index) measures how much income retired older adults require to meet their basic needs—without public or private assistance. The Elder Index measures basic expenses for elders age 65+ living in the community, not in institutions.

Useful Websites
<a href="#">County Chronic Disease Profile (Polk)</a>
<a href="#">Florida Housing Data Clearinghouse (Polk)</a>
<a href="#">Behavioral Risk Factors (BRFSS) (Polk)</a>





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<sup>1</sup> Total Minorities = (60+ Population) – (White Non-Hispanic 60+)

<sup>2</sup> OSS beds: Optional State Supplementation beds

<sup>3</sup> ECC License: Extended Congregate Care License

<sup>4</sup> LMH License: Limited Mental Health License

<sup>5</sup> LNS License: Limited Nursing Services License

<sup>6</sup> With One Type of Disability: 65+ people who have only one type of disability

<sup>7</sup> Probable Alzheimer's Cases = (65-74 Population x 0.0136) + (75-84 Population x 0.1822) + (85+ Population x 0.4098)

<sup>8</sup> Annual expenses include: housing, including utilities, taxes, insurance; food; transportation; health care, based on good health; and miscellaneous.

## Sources

- Population: Florida Population by County, Age, Race, Ethnicity and Gender provided by Florida Legislature, Office of Economic and Demographic Research
- Financial Status & Living Situation: Department of Elder Affairs calculations based on Florida Population data and 2007-2011 American Community Survey
- Medically Underserved Population (Data as of 7/18/2014): Florida Department of Health and U.S. Department of Health and Human Services
- Grandparents: Department of Elder Affairs calculations based on Florida Population data and 2007-2011 American Community Survey, Special Tabulation on Aging
- Skilled Nursing Facility Utilization, Adult Day Care, Adult Family Care Home, Ambulatory Surgical Centers, Assisted Living Facilities, Home Health Agencies, Homemakers & Companion Service Companies, Hospitals: Florida Agency for Health Care Administration
- Rural Designation: Based on the definition of Rural Designation by Rural Economic Development Initiative
- Medical Professionals: Florida Department of Health
- Driver's License: Florida Department of Highway Safety & Motor Vehicles
- Food Stamps: Florida Department of Children and Families
- Registered Voters (Data as of 1/31/2014) : Florida Department of State
- Households with Cost Burden Above 30% and income below 50% Area Median Income: The Shimberg Center for Housing Studies
- Median Household Incomes: U.S. Census Bureau: State and County QuickFacts
- Medicaid & Medicare Eligibility and Medicaid Eligibility: Florida Agency for Health Care Administration
- Veterans Demographics: Florida Department of Veterans' Affairs
- Disability Status: Department of Elder Affairs calculations based on Florida Population data and 2009-2011 American Community Survey Data
- Probable Alzheimer's Cases: Department of Elder Affairs calculations based on Florida Population data and Alzheimer's by Age in 2011 Alzheimer's Disease Facts and Figures report at [http://www.alz.org/documents\\_custom/Facts\\_2011/ALZ\\_FL.pdf?type=interior\\_map&facts=undefined&facts=facts](http://www.alz.org/documents_custom/Facts_2011/ALZ_FL.pdf?type=interior_map&facts=undefined&facts=facts)
- English Proficiency: Department of Elder Affairs calculations based on Florida Population data and 2007-2011 American Community Survey, Special Tabulation on Aging
- Cost of Living (Data as of 7/18/2014): Wider Opportunities for Women Elder Economic Security Standard™ Index (Elder Index) at <http://www.basiceconomicsecurity.org/EI/>