

# 2016 Senior Farmers' Market Nutrition Program

## Authorized Fruits and Vegetables

Only fresh fruits and vegetables grown in Florida, or within 50 miles of the farmers' market, may be purchased with Senior Farmers' Market Nutrition Program coupons. Coupons may not be used to purchase meat, seafood, eggs, cheese, syrup, nuts and seed, cider or any other item not listed below.

### Fresh Vegetables

Asparagus  
Beans (shelled or unshelled)  
Broccoli  
Cabbage  
Carrots  
Cauliflower  
Celery  
Chinese Cabbage  
Collards  
Corn  
Cucumbers  
Eggplant  
Endive/Escarole  
Green Onion/Leeks  
Greens  
Kale  
Lettuce  
Mushrooms  
Okra  
Onions  
Peas (shelled or unshelled)  
Peppers  
Potatoes  
Pumpkins  
Radishes  
Rhubarb  
Rutabagas  
Spinach  
Squash  
Zucchini

### Fresh Fruit

Apples  
Avocados  
Berries  
Carambola  
Figs  
Grapefruit  
Grapes  
Guavas  
Kumquats  
Lemons  
Limes  
Mangoes  
Melons  
Oranges  
Papaya  
Peaches  
Pears  
Persimmons  
Pineapples  
Plums  
Satsuma  
Strawberries  
Tangerines  
Tomatoes

### Other

Honey