PROGRAM FUNDING SOURCE(S): OAAIIID

PROGRAM AUTHORITY:

<table>
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<tr>
<th>Program Funding</th>
<th>Specific Authority</th>
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<tr>
<td>Rulemaking</td>
<td>Section 430.08, F.S.</td>
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<tr>
<td>OAAIIID</td>
<td>Older Americans Act, Title III, Part D</td>
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A. DESCRIPTION: The Chronic Pain Self-Management Program was developed by Stanford University. The Chronic Pain Self-Management Program provides information and teaches practical skills for managing the challenge of living with chronic pain. This program is for people who have a primary or secondary diagnosis of chronic pain that lasts longer than 3-6 months or longer than the normal healing time of an injury.

For more information please visit:  
http://patienteducation.stanford.edu/programs/cdsmp.html

B. DELIVERY STANDARDS/SPECIAL CONDITIONS:

1. This program is targeted for older adults 60 or older with chronic pain.

2. Participants are led by two certified trainers.

3. Workshops are highly interactive and participative.

4. Other requirements of the program include:
   a. Class schedule: 6 weeks/ one session per week.
   b. Session length: 2.5 hours per session.
   c. Number of participants: Minimum 10 participants and maximum 16 participants.

5. Any deviation of this program as set forth by Stanford University is a violation of the license and may result in revocation of the Stanford license.
This service is an evidence-based program which meets AoA’s Highest-level Evidence-Based Criteria.

C. PROVIDER QUALIFICATIONS:

1. This service may be provided by trained Master Trainers and Lay Leaders who are approved by a license provider. The program requires two trained lay leaders to facilitate a six week session workshop. Provider will follow Stanford’s qualifications as stated in the Implementation and Fidelity manual in recruiting Master Trainers and Lay Leaders.

2. Individuals who are trained in the Stanford University’s evidence-based programs need to be either Master Trainers or Lay Leaders.

3. Provider must maintain program fidelity to the original program design by Stanford University.

D. RECORD KEEPING AND REPORTING REQUIREMENTS:

1. The provider shall maintain all appropriate documentation as set forth by the program (i.e., participant data, sign-in sheets (which includes the time started, time ending, date, location, funding source, title of evidence-based program, and signatures of individual participating), evaluations, workshop information, etc.).

2. Unit of Service Group: One episode of direct service with a minimum of 10 participants and a maximum of 16 participants would continue through the 6 week course. One episode equals 6-week session. The entire six weeks need to be completed prior to submitting for payment.

3. The provider must enter data into NCOA force online database system.

4. The contractor must verify and maintain documentation of provider qualifications for service.

5. CIRTS reporting requirements are below.

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<tr>
<th>CIRTS REPORTING REQUIREMENTS</th>
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<td>PROGRAM</td>
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