State Fiscal Year 2020 Report
Florida Memory Disorder Clinics & Brain Bank

Components of the Alzheimer’s Disease Initiative
INTRODUCTION

The 1985 Florida Legislature realized the continued growth of our state’s older population and their increasing rates of Alzheimer’s disease and related dementias (ADRD). They created the Alzheimer’s Disease Initiative (ADI) housed administratively in the Department of Elder Affairs. ADI provides specialized services to meet the needs of caregivers and individuals with ADRD. Studies have consistently shown that active management of ADRD can improve the quality of life of affected individuals and their caregivers. Florida has the infrastructure in place to provide for the provision of respite care, caregiver training and support, education, counseling, specialized medical equipment, services and supplies, and case management.

Age is the primary risk factor for developing memory or cognitive impairment in adulthood. Given the large number of older adults in Florida, it is therefore no surprise that just over 580,000 Floridians are currently living with Alzheimer’s disease alone (this doesn’t include the tens of thousands more with other forms of dementia like Lewy Body dementia, vascular dementia, or Parkinson’s disease.) Currently, Florida ranks as the state with the second-highest prevalence for this disease in the nation. Alzheimer’s disease ranks as the 6th leading cause of death in our country, and in our state; it is the only top 10 leading cause of death without any known prevention, treatment, or cure.

The 2020 Alzheimer’s Disease Facts and Figures Report provides an overview of the latest national statistics and information on Alzheimer’s prevalence, incidence, mortality and morbidity, costs of care, and caregiving.

Florida continues to make strides in promoting better care for Floridians living with ADRD and to support research efforts to find a cure. Two innovative components of the Alzheimer’s Disease Initiative are the Memory Disorder Clinics (MDCs) and the Brain Bank.
families with a definitive diagnosis, and to acquire brain tissue for research. The goals of the Florida Brain Bank are to:

- Provide a final pathological diagnosis of the cause of dementia to families and the patients’ physicians
- Provide education and feedback to health care professionals and the public about the relationship between the clinical diagnosis during life and the final pathological diagnosis
- Provide opportunities for clinical researchers to study the frequencies of various dementias in Florida and the accuracy of clinical diagnoses and the associations between risk factors for dementia, such as a family history of dementia, medical conditions (e.g., head injury, diabetes, and hypertension) and the presence and severity of various forms of dementia
- Conduct basic research on the biology, pathology, and genetics of ADRD. Over the last 30 years, more than 3,000 brains have been studied by the Florida Brain Bank.
The Department references two main sources of population data and uses the same formula for estimating the prevalence of Alzheimer’s disease against both sources. The Alzheimer’s formula is found in the 2020 Alzheimer’s Disease Facts and Figures Report. Estimates are based on incidence data from the Chicago Health and Aging Project (CHAP) and population estimates from the 2010 U.S. Census. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3719424/

The department then calculates the probable Alzheimer’s cases at the county-level based on an additional formula by age group. Population Projections by Age, Sex, Race, and Hispanic Origin for Florida and its Counties, 2020–2045, are distributed by the University of Florida, 2019. https://www.bebr.ufl.edu/population/population-data/population-projections-age-sex-race-and-hispanic-origin-florida-and-its-3

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**FLORIDA** | 2,343,468 | 1,350,136 | 577,360 | 21,208,589 | 85,752 | 235,373 | 250,500 | 571,626 |
Memory Disorder Clinic Locations

1 West Florida Hospital
2120 E. Johnson Ave., Ste. 101
Pensacola, FL 32514
(850) 494-6490

2 Tallahassee Memorial
1401 Centerville Rd., Ste. 504
Tallahassee, FL 32308
(850) 431-5037

3 Mayo Clinic Jacksonville
4500 San Pablo Rd.
Jacksonville, FL 32224
(904) 953-2677

4 University of Florida
3009 SW Williston Rd.
Gainesville, FL 32608
(352) 294-5400

5 Orlando Health Center for Aging
32 West Gore Street
Orlando, FL 32806
(321) 841-9700

6 Health First
3661 S Babcock St.
Melbourne, FL 32901
(321) 434-7612

7 Morton Plant
430 Morton Plant St., Ste. 401
Clearwater, FL 33756
(727) 298-6025

8 University of South Florida
3515 E Fletcher Ave.
Tampa, FL 33613
(813) 974-3100

9 St. Mary’s Medical Center
901 Village Blvd., Ste. 702
West Palm Beach, FL 33409
(561) 990-2135
8756 Boynton Beach Blvd., Ste. 2500
Boynton Beach, FL 33472
(561) 990-2135

9 Florida Atlantic University
777 Glades Rd., Bldg. AZ-79
Boca Raton, FL 33431
(561) 297-0502

10 Sarasota Memorial
1515 S Osprey Ave., Ste. A-1
Sarasota, FL 34239
(941) 917-7197

11 Lee Memorial
12600 Creekside Ln., Ste. 7
Fort Myers, FL 33919
(239) 343-9220

12 Broward Health North
201 E Sample Rd.
Deerfield Beach, FL 33064
(954) 786-7392

13 University of Miami
1695 NW 9th Ave., Ste. 3202
Miami, FL 33136
(305) 355-9065

13 Mt. Sinai Medical Center
4302 Alton Rd., Ste. 360
Miami Beach, FL 33140
(305) 674-2543 ext. 54461

13 Miami Jewish Health
5200 NE 2nd Avenue
Miami, FL 33137
(305) 514-8652

State of Florida Brain Bank
Wien Center for Alzheimer’s Disease and Memory Disorders
4302 Alton Road, Suite 650
Miami Beach, Florida 33140
Phone: (305) 674-2018
In Central Florida:
Office Line: (407) 436-7755
After-hours Line: (407) 646-9864

County coloring represents area served by the corresponding Memory Disorder Clinic.
University of South Florida Memory Disorder Clinic
3515 East Fletcher Avenue, MDC 14
Tampa, Florida 33613
Phone: (813) 974-3100; 813-974-5951
Website: health.usf.edu/care/psychiatry/services-specialties/memory-disorders

Serving Hardee, Hillsborough, and Manatee counties

There are an estimated 39,414 residents with probable Alzheimer’s disease in this three-county area.

2019-2020 Highlights

- Completed 229 total evaluations and 104 free memory screens.
- Evaluated 195 new patients for memory loss.
- Made over 1,941 referrals to community resources.
- Referred 117 participants to various research studies.
- Provided 61.5 hours of education and training to 2,618 caregivers, health care professionals, first responders, social services, and the general public.
- Responded to 18 Silver Alerts.
- Conducted 1,105 face-to-face and telehealth visits with patients this year. Over 65% of new patients evaluated at USF consider the MDC their primary center of care for their memory issues and receive ongoing follow-up care by the MDC.
- Collaborated with Hillsborough County Aging Services to provide a community health fair with over 75 individuals in attendance.
- Provided outreach and education at the Florida India Festival attended by over 12,000 individuals.
- The USF MDC Medical Director, Jean Fils, MD and Social Worker, Sofia Sundberg, BSW also collaborated with the University of Miami on a state wide ADI webinar.
- Presented the “Burdens of Depression & Anxiety from COVID-19.” The presentation was provided in Spanish and English. Over 850 people registered for this webinar series.
- The USF MDC Medical Director is multi-lingual and provides clinical evaluations and treatment to patients whose first language is Creole, French, Spanish, or English. Translation services are available at USF for other languages.
- Each year the USF MDC updates a community resource handout in English and Spanish. The handout provides a quick reference for new patients and caregivers within the community. The USF MDC also facilitated caregiver support groups.
- Facilitated the Hillsborough County DCCI Task Force that meets bi-monthly at USF. The DCCI task force facilitated the development of a Purple Table Dining training for restaurants. A Train-the-Trainer event was held in February and March 2020 for this initiative.
University of Florida Memory Disorder Clinic
Norman Fixel Institute for Neurological Diseases
3009 SW Williston Rd.
Gainesville, FL 32608
Phone: 352-294-5400
Fax: 352-627-4373
Clinic Evaluation Appointment: 352-294-5400
Website: ufhealth.org

Serving Alachua, Bradford, Citrus, Dixie, Gilchrist, Lafayette, Levy, Marion, and Union counties

There are an estimated 29,054 people with probable Alzheimer’s disease in this nine-county area.

2019-2020 Highlights
- Completed 1,568 evaluations and ten free memory screenings.
- Evaluated 618 new patients for memory loss.
- Made approximately 2,303 referrals for medical and social services, including further diagnostic testing, rehabilitations services, medical treatment, respite programs, support groups, counseling and in-home assistance.
- Provided education to approximately 1,609 individuals, including medical professionals, health students, providers of social services, family caregivers, providers of ADI services, model day care providers, and members of the general community.
- Trained a behavioral neurology fellow as an academic dementia specialist.
- Conducted 20 support groups.
- Completed 35 journal articles.
- Responded to 15 Silver Alerts in the nine-county service area and provided counseling to these families about safety, resources, and dementia care to minimize the likelihood of a re-occurrence.
- Continued the Mid-Florida Dementia Care and Cure Initiative to conduct three educational trainings to local law enforcement, hospice care providers and the local Area Agency on Aging.
University of Miami Memory Disorder Clinic
1695 N.W. 9th Avenue, Suite 32048
Miami, Florida 33136
Phone: (305) -355-9065
Website: cnsa.med.miami.edu/memory-disorders-clinic

Serving Miami-Dade and Monroe counties

There are an estimated 65,514 people with probable Alzheimer disease in this two-county area.

2019-2020 Highlights

- Completed 686 diagnostic evaluations and provided 184 free community screenings.
- Evaluated 376 new patients for memory loss.
- Made over 519 referrals to community resources.
- Enrolled over 600 participants in various research studies.
- Participated in three clinical research trials sponsored by pharmaceutical companies and the National Institute of Health for the treatment and prevention of Alzheimer’s disease. These trials include Prevention of Alzheimer’s disease, Treatment of Psychosis and Agitation in AD, Novel Markers for Cognitive Impairment in the Elderly and Caregiver and Care recipient studies
- Staff at the UM-MDC provided over 600 hours of education and training to 1,430 individuals, including health care and social service professionals, medical students, and direct care staff.
- This year the ADI educational series provided live complimentary webinars to address emerging concerns and the impact of the pandemic on patients with Alzheimer’s disease and related dementias, caregivers and care professionals.
Mount Sinai Medical Center Wien Center for Alzheimer’s Disease and Memory Disorders
4302 Alton Road, Suite 650
Miami Beach, Florida 33140
Phone: 305-674-2543
Website: msmc.com/neurosciences/wien-center-for-alzheimers-disease-memory-disorders

Serving Miami-Dade and Monroe counties

There are an estimated 65,514 people with probable Alzheimer disease in this two-county area.

The Wien Center participates in National and International research and clinical trials for Alzheimer’s disease treatment and prevention. The Wien Center is the lead institution for the Florida Brain Bank, which helps researchers gain a better understanding of Alzheimer’s and other memory disorders.

2019-2020 Highlights

- Completed 2,424 full neurological evaluations and handled 3,016 documented telephone calls.
- Additionally, 39 free memory screenings were provided in the service area.
- A total of 413 new patients were evaluated for complaints of memory loss.
- Community resources and referrals were provided for 2,062 patients and caregivers.
- Provided education and training to 1,310 caregivers and health care workers, first responders, and the general public. The clinic held a total of 105 events, which included presentations, programs, and support groups for caregivers and the community.
- Participated in 12 clinical research trials sponsored by pharmaceutical companies and the NIH for the treatment and prevention of Alzheimer’s disease.
- Collaborated with the University of Miami, University of Florida, Florida International University, Florida Atlantic University, and Albizu University to administer the 1Florida ADRC Study. This grant has been recently renewed and extended for a period of five years. Currently 435 participants are enrolled in the study.
- Sponsored the 18th Annual Mild Cognitive Impairment Symposium for 198 physicians and scientists held in January 2020. This event also included a public educational forum for the community, in which a total of 276 individuals and caregivers were in attendance.
- Published a total of 14 research articles, on topics involving Mild Cognitive Impairment and Alzheimer’s.
- Responded to ten Silver Alerts reported in the areas of Miami-Dade County and Monroe County.
- Administers the State of Florida Brain Bank with the collaboration of the Mayo Clinic and the Alzheimer’s Disease Resource Center (ADRC). A total of 62 participants were enrolled in the Brain Bank Program, and a total of 59 diagnoses were completed and provided to families of donors. 684 families were provided counseling and information on the Brain Bank Program and received an estimated 324 hours of community training.
Serving Broward county

There are an estimated 43,627 people with probable Alzheimer’s disease in the Broward county area.

**2019-2020 Highlights**

- Staff at BHN MDC provided over 183 hours of education in the community to over 1,057 individuals.
- The interdisciplinary medical team, including neurologists, psychiatrists and neuropsychologists completed 165 evaluations this year, with a total of 429 visits providing diagnosis, follow-up and recommendations for treatment and care in English and Spanish.
- The interdisciplinary medical team evaluated 114 new patients
- Referrals were made to 837 community resources including research and drug trials.
- Provided support to around 259 caregivers through support groups, workshops, and counseling.
- Completed 118 memory screenings to the community.
- Responded to 14 Silver Alerts in Broward County.

- Offers the “Care Assistance Program,” a 16-hour educational program for caregivers held ten times a year. Program speakers discuss the disease process, or behavior strategies, medications, legal issues, and resources available in the community.
- Completed 55 free community member screenings.
- The BHN MDC Coordinator acted as Co-Chair to the Broward County Dementia Care & Cure Initiative (DCCI) Task Force.
- Participated in the Age-Friendly Health Systems initiative in the spring and fall of 2019 through the Institute of Healthcare Improvements Framework for age-friendly care.
Health First Aging Services
Memory Disorder Clinic, Inc.

Health First Aging Services
Memory Disorder Clinic, Inc.
3661 S. Babcock Street,
Melbourne, Florida 32901
Sandy Stauffer, Program Manager
Phone: (321) 434-7613
Website: hf.org/aging/
memory-disorder/programs

There are an estimated 56,627 people with probable Alzheimer’s disease in this five-county area.

2019-2020 Highlights

- Provided 590 evaluations and 276 diagnostic tests in partnership with Health First Aging Services specializing in Geriatrics and the Florida Institute of Technology School of Psychology doctoral students trained to complete neuropsychological exams.
- Provided 304 free memory screens in the community providing information on memory health and resources for next steps as indicated.
- Made over 2,186 referrals to medical services and community resources.
- Provided 184 dementia training and educational programs to 4,070 individuals including 806 family caregivers, 317 members of the general public, and 776 health care professionals.
- The HF MDC is the first organization in Florida to offer the evidence-based Stress-Busting Program for family caregivers of people with dementia. This is a nine-week program, which provides family members with education, discussion, emotional support, and teaches caregivers stress management techniques since many are at greater risk as a caregiver.
- The HF MDC, along with community partners, focuses on promoting a dementia-friendly community in Brevard County through education. The HF MDC chairs the Brevard Dementia Care & Cure Initiative Task Force (DCCI).
- Offered free educational programs in the community and to senior centers around brain health and wellness with the six-week Total Memory Workout for Seniors series and other brain health initiatives.
- Responded to 22 Silver Alerts for five counties, counseling families about safety, resources, and dementia care to assist them and minimize the likelihood of a reoccurrence.
- Created and distributed the monthly Brain Wellness Newsletter to over 1,900 individuals with helpful tips and other information about our educational programs and resources to family caregivers and professionals throughout the community.
- The HF MDC was the first Memory Disorder Clinic offering Dementia Live Experience with community partners to increase sensitivity to the needs of people with Alzheimer’s disease and related dementias, provided at the Viera VA Clinic for staff and clinicians.
There are an estimated 56,852 residents with probable Alzheimer’s disease in this 11-county area.

2019-2020 Highlights

- Completed 231 total evaluations and 93 free memory screenings.
- The multidisciplinary medical team, including neurologists and neuropsychologists, accurately evaluated 202 new patients for memory loss, providing diagnosis and recommendations for treatment and care. All patients and families seen were provided information on services for those with Alzheimer’s disease and related dementias available in the State of Florida.
- Made 562 referrals to community resources including ADI and ADRC partners.
- Enrolled 119 participants in various research studies.
- Provided 51 hours of education and training to 1,235 individuals, caregivers, health care workers, first responders, and the general public.
- Partnered with ElderSource, the Alzheimer’s Association, Jacksonville Area DCCI Task Force and local ADI providers including the City of Jacksonville. The MDC continues to participate in community caregiver workshops.
- Provided a handout entitled “15 Healthy Brain Tips,” created by Mayo Clinic Medical Director, Dr. Neill Graff-Radford.
- Responded to 22 Silver Alerts, counseling families about safety. All patients and families were provided with information on the Silver Alert Program.
- Conducted monthly caregiver support groups, open to the public and with no charge or registration required.
- Mayo Clinic Florida’s MDC has established a DCCI task force along with ElderSource and other community providers. The DCCI task force has been accepted to the Dementia Friendly America Network of Communities.

Partnered with ElderSource, the Alzheimer’s Association, Jacksonville Area DCCI Task Force and local ADI providers including the City of Jacksonville. The MDC continues to participate in community caregiver workshops.

- Provided a handout entitled “15 Healthy Brain Tips,” created by Mayo Clinic Medical Director, Dr. Neill Graff-Radford.
- Responded to 22 Silver Alerts, counseling families about safety. All patients and families were provided with information on the Silver Alert Program.
- Conducted monthly caregiver support groups, open to the public and with no charge or registration required.
- Mayo Clinic Florida’s MDC has established a DCCI task force along with ElderSource and other community providers. The DCCI task force has been accepted to the Dementia Friendly America Network of Communities.
West Florida Hospital
Memory Disorder Clinic
8383 North Davis Highway
Pensacola, FL 32514
Phone: (850) 494-6497
Website: westfloridahospital.com/
specialties/senior-mental-health

Serving Bay, Escambia, Holmes, Jackson, Okaloosa, Santa Rosa, Walton, and Washington counties

There are an estimated 22,780 people with probable Alzheimer’s disease in this eight-county area.

2019-2020 Highlights

- Completed 203 total evaluations.
- Evaluated 83 new patients for memory loss.
- Made over 707 referrals to community resources.
- Provided 74 hours of education and training to caregivers, health care workers, and to the general public.
- Partnered with the Brain Bank and University of West Florida for research.
- Responded to 16 Silver Alerts in the eight-county area and offered counseling to families about safety.
- The West Florida Healthcare MDC Coordinator serves as a Co-leader for our DCCI task force.
- Telemedicine was used as a solution to reach caregivers during the month of May.
- Caregivers were referred to Alzheimer’s Association on-line groups that were available 24/7.
- Partnered with local agencies and as a result now has a caregiver support group on social media.
- Participated in numerous community health fairs, educational events, and trainings.
- Offered free memory screenings and participated in the ADI Conference sponsored by UM.
St. Mary’s at Palm Beach Neuroscience Institute
901 Village Blvd Ste 702
West Palm Beach, FL 33409
8756 Boynton Beach Blvd., Ste. 2500
Boynton Beach, FL 33472
Phone: 561-990-2135
Website: pbni.com/our-services/memory-disorder-clinic

Serving Martin, Okeechobee and Palm Beach counties

There are an estimated 59,896 people with probable Alzheimer’s disease in this three-county area.

2019-2020 Highlights

- Evaluated and completed 274 evaluations and provided 218 free community screenings.
- Made referrals to 670 community resources, including ADI and ADRC partners.
- Provided education in the community for professionals, students, caregivers, and the general public to over 165 individuals.
- Participated in public education and awareness events reaching approximately 820 individuals.
- Support groups were offered at Palm Beach Neuroscience Institute and St. Mary’s Medical Center.
- Partnered with Delray Medical Center, Palm Beach Gardens Medical Center and other community organizations providing education on ADRD.

- Responded to 13 Silver Alerts in the areas served.
- The MDC is co-leader of the Dementia Care and Cure Initiative (DCCI) task force.
- The MDC Coordinator has been trained in the MindSet curriculum that helps individuals exercise their brain, create healthy habits, and improve communication. This class is offered to individuals with Mild Cognitive Impairment and early stage dementia.
- Partnered with community senior centers, senior assisted-living communities, primary care offices, and hospitals to provide free monthly memory screenings.
- The MDC medical director was featured on WPTV Channel 5 News and WPBF Channel 25 News for Alzheimer’s Awareness Month reaching approximately 46,000 people.
- The MDC coordinator participated in community health fairs with Delray Medical Center and Palm Beach Gardens Medical Center to discuss the memory disorder clinic, and the importance of memory screenings.
- The MDC coordinator received certification as a Certified Dementia Practitioner.
- The MDC coordinator and APRN are both certified to administer the Montreal Cognitive Assessment.
- The MDC coordinator was a featured speaker for the 6th Annual Caregiver Workshop.
- Hosted the Fearless Caregiver training series.
Serving Calhoun, Franklin, Gadsden, Gulf, Jefferson, Leon, Liberty, Madison, Taylor, and Wakulla, counties

There are an estimated 8,800 people with probable Alzheimer disease in this ten-county area.

2019-2020 Highlights

• Completed 681 total evaluations and 73 free memory screens.
• Made 2,391 referrals to community resources and programs.
• The MDC, along with Ageless Grace Tallahassee, presented 164 hours of education to 2,330 participants in the ten-county service area.
• 222 participants were referred to research projects. The MDC partnered with Florida State University College of Medicine to assist in recruitment for research projects addressing caregiver burden and individuals with dementia. The MDC also partnered with Mayo Clinic in Jacksonville and University of Florida to provide the Physical Exercise and Cognitive Engagement Outcomes for Mild Neurocognitive Disorder (PEACEOFMND) research project to the Big Bend area.
• Responded to one Silver Alert, counseling families about safety, resources and care.
• Continues to work with DCCI to increase awareness, provide assistance, and continue advocacy throughout the Tallahassee area.
• Continued a support group in the Tallahassee area specifically for individuals living with dementia and mild cognitive impairment.
• Worked with community partners to provide “Powerful Tools for Caregivers,” a quarterly class which continued virtually in the Spring for caregivers in our service area.
• Collaborated with other Memory Disorder Clinics across the state to provide virtual ADI training.
• Continues a partnership with Ageless Grace Tallahassee to promote body and brain health in this service area and has continued to do so virtually.
Serving Lake, Hernando, Orange, Polk, Seminole, and Sumter counties

There are an estimated 75,696 people with probable Alzheimer’s disease in this six-county area.

The Orlando Health Memory Disorder Clinic provides comprehensive assessments to individuals with possible Alzheimer’s disease and related dementias, education for caregivers, health professionals, and the general public and participates in service-related research. Caregiver support, counseling, and linkages to community resources are integral components of the program.

2019-2020 Highlights

- Completed 189 total evaluations and provided care to 358 individuals and their care partners.
- Evaluated 137 new patients for memory loss.
- Made over 1,527 referrals to medical and community resources.
- Provided 675 support services to people for counseling, information, and support by phone and email.
- Referred 27 patients and families to the Florida Brain Bank.
- Provided 31 hours of education and training to 241 caregivers and health care workers, first responders, and to the general public.
- Partnered with the Alzheimer’s Association to provide education and early stage support programs in the community.
- Responded to 17 Silver Alerts, counseling families about safety, resources and care to minimize the likelihood of recurrence.
- Co-led the Orlando DCCI Task Force.
Lee Physician Group Memory Care
12600 Creekside Lane Ste 7
Fort Myers, Florida 33919
Phone: (239) 343-9220
Website: leehealth.org/our-services/neurology/alzheimer-s-and-dementia-care-memory-care

Serving Charlotte, Collier, Glades, Hendry, and Lee counties

There are an estimated 50,382 people with probable Alzheimer disease in this five-county area.

2019-2020 Highlights

- Completed 2,870 total evaluations and evaluated 1,565 new patients for memory loss.
- Provided 59 free screenings in the office and throughout the community.
- Made 2,842 referrals to community resources.
- Provided 179.5 hours of education to 1,448 individuals.
- Led the DCCI task force to conduct 31 community trainings to 449 participants. The task force hosted a dementia safety event in partnership with the Lee County Sheriff’s Office and Lee County United Way to promote dementia awareness and safety practices.
- LPG’s MSW and DCCI chair assisted in developing a Collier County DCCI Task Force.

- Hosted bi-monthly caregiver support groups providing education and exposure to community resources. Transitioned to once weekly virtual support group meetings during the pandemic from April 6, 2020. Support group topics included: emotional aspects of caregiving, advance care planning, bullying among seniors, therapeutic lying, functional memory, behavior management, disaster preparedness for hurricanes, and many more.
- Developed a 4-week virtual caregiver program with Florida Gulf Coast University’s Master Level Occupational Therapy students that met twice weekly to discuss topics including: social participation, effective communication, stress management, health habits and fitness, sensory experiences, occupational balance, reminiscing, grief and changes, and sleep hygiene.
- LPG staff participated in an Innovative Dementia Training workshop presenting information on ADRD, the diagnostic process, treatment options, and preventive care to 126 caregivers.
- Responded to 25 Silver Alerts, counseling families about safety and resources.
- Partnered with the Brain Bank, Neuropsychiatric Research Center, and the University of Florida-Trualta Study for opportunities and enrolled 13 participants in various research studies.
- Implemented telemedicine services during the pandemic to safely treat patients. Geriatric medicine, Advance Practice Nursing, and Neuropsychology utilized telemedicine for memory care patients.
- LPG staff participated in an online interview with Seniors Blue Book and discussed the MDC and DCCI task force, viewed by 81 community members.
There are 190,923 residents over the age of 65 and an estimated 28,033 residents with probable Alzheimer’s disease in this three-county area.

2019-2020 Highlights

- Completed 400 total evaluations and 149 free memory screenings.
- Evaluated 412 new patients for memory loss.
- Made 2,800 referrals to community partners and provided other resources for clients, their families, and caregivers.
- Referred 26 participants to various research studies.
- Responded to 13 Silver Alerts, and counseled families about diagnosis, driving safety, transportation resources, and care options in the community.
- Provided over 103 hours of education, training, and support to 1,629 caregivers, health care workers, first responders, and the general public. Part of this education included three monthly dual support groups for both patients and care partners to help families with Mild Cognitive Impairment and early stage dementia.
- Published and distributed the monthly On Your Mind newsletter with helpful tips and information about local educational programs.
- The Sarasota County Dementia Care and Cure Initiative (DCCI) Task Force continues to work on the mission of DCCI: providing education and awareness to employees of local businesses, law enforcement, and the community.
Serving Pasco and Pinellas counties

There are an estimated 50,194 residents with probable Alzheimer’s disease in this two-county area.

2019-2020 Highlights

• The clinic completed 439 comprehensive memory loss evaluations.
• 25 free assessments were provided for those who did not have insurance.
• A total of 3,519 referrals were made to community resources.
• A total of 110 hours of community outreach, trainings, education programs, and support groups were conducted to 564 caregivers, medical professionals, ADI providers, and to the general public.
• Facilitated two caregiver support groups on a bi-weekly basis. These groups continued via telephone during the pandemic.
• A co-sponsor of Camp Caregiver; a weekend retreat for caregivers for those with Alzheimer’s disease and related dementias.
• Provided a research site location for the Atlas of Retina Imaging in Alzheimer’s disease Study (ARIAS); a longitudinal study of the natural history of retinal imaging biomarkers associated with Alzheimer’s disease risk, burden, and progression.
• A 12-year partner with UCLA Center of Aging in Memory Fitness Training.
• A 12-year partner with DriveABLE: A cognitive driving assessment.
• Provided assessment and community resource information to 16 Silver Alerts.
• Co-Leader of the Pinellas/Pasco County Dementia Care and Cure Initiative Task Force.
Serving Martin, Okeechobee, and Palm Beach counties

There are an estimated 59,896 residents aged 65+ with probable Alzheimer’s disease in this three-county area.

2019-2020 Highlights

- Completed 284 comprehensive diagnostic memory and wellness evaluations and 83 free memory screenings.
- The first Adult Day Center in Florida designated as a Specialized Alzheimer’s Services Adult Day Center by the Agency for Healthcare Administration.
- Weekly Adult Day Center activities conducted virtually began in June 2020 in response to the pandemic: 45 Adult Day Center participants and 45 family caregivers with over a total of 170 encounters.
- In-person and virtual memory and wellness evaluations in English, Spanish, and Haitian Creole were made available.
- Provided comprehensive geriatric memory and wellness assessments at home and virtually. This program is supported by a federal grant that helps to bridge the gap in providing dementia specific care and supportive services to unserved and underserved populations in their homes and communities.
- Submitted an approved Spanish translation of the Florida Alzheimer’s Disease Initiative Educational Manual to the state.
- Practicum site for students: nursing, medicine, social work, communication, psychology, and business.
- Evidence-based and evidence-informed programs for persons with Alzheimer’s disease and related dementias, other memory disorders, or Parkinson’s disease, as well as their caregivers.
- Completed 76 driving evaluations; responded to 11 Silver Alerts in the three-county area.
- Psychiatric evaluation and treatment in English and Spanish at home, at the Clinic, and virtually; 77 initial and follow-up visits completed for 28 individuals.
- Conducted Self-Preservation Activities (SPA): Monthly educational program for caregivers: 136 participants.
- Continued to sustain the Caregiver Program: 7 caregiver support groups weekly, including specialized groups for adult children, younger onset, and Spanish/Haitian Creole-speaking populations, conducted in-person, telephonically, and/or virtually; weekly participant counts steadily increasing; 1,566 visits to support groups.
- Conducted 17 caregiver consultations with a certified care manager.
- Cognitive Rehabilitation Program for individuals with Mild Cognitive Impairment; 41 initial and follow-up visits completed for 8 persons.
- Caregiver Resource Library; provided 2,617 referrals to community resources.
- Community outreach and educational programs; provided 98.5 hours of in-person and virtual training and education to 1,515 individuals.
AdventHealth Memory Disorder Clinic
601 East Rollins Street
Orlando, FL 32803
Phone: (407) 392-9237
Website: AHMaturingMinds.com

Serving Hernando, Lake, Orange, Polk, Seminole, and Sumter counties

There are an estimated 75,696 residents with probable Alzheimer’s disease in this six-county area.

The Alzheimer’s Disease Initiative Memory Disorder Clinics have expert medical teams who provide complete diagnostic evaluations, education for caregivers, health providers and the general public as well as participate in research towards effective treatments and ultimately a cure.

AdventHealth Maturing Minds program received its state designation in 2017 becoming the 16th Memory Disorder Clinic in the state of Florida.

2019-2020 Highlights

• Completed 513 total evaluations.
• Evaluated 289 new patients for memory loss.
• Made 1,389 referrals to community resources.
• Enrolled 164 participants in various research studies.
• Provided 47 hours of education and training to 628 caregivers and health care workers, first responders, and the general public.
• The MDC is working with University of Central Florida on a pilot research project directed towards caregiver education and support.
• Updated community resource guide that lists many resources, and benefits the senior population. This is not only being utilized within the clinic but other areas within the system.
• Responded to 17 Silver Alerts.
• Identified an area of need in the East side of Orange County and started a weekly virtual support group and monthly virtual education sessions
• Currently co-leads the local area DCCI task force.
State of Florida Brain Bank
Mount Sinai Medical Center Wien Center for Alzheimer’s Disease and Memory Disorders
4302 Alton Road, Suite 650
Miami Beach, Florida 33140
Phone: 305-674-2543
Website: msmc.com/neurosciences/wien-center-florida-brain-bank/

The State of Florida, through its Alzheimer’s Disease Initiative, formed the Brain Bank in 1987. Its purpose is to study the brains of individuals with progressive dementia, to provide the family with a definitive diagnosis, and to acquire brain tissue for research. Through a network of researchers, the Brain Bank shares common goals of finding a cure, improving diagnostic tools and treatment options, and providing education.

2019-2020 Highlights

- The Wien Center administers the State of Florida Brain Bank with the collaboration of the Mayo Clinic and the Alzheimer’s Disease Resource Center (ADRC).
- A total of 62 participants were enrolled in the Brain Bank Program (33 females and 29 males).
- Six participants in the Brain Bank program during this period identified as belonging to a minority group.
- A total of 59 diagnoses were completed and provided to families of brain donors.
- 684 families were provided counseling and information on the Brain Bank Program via educational presentations to the public and during one-on-one visits to the ADRC, and the Wien Center for Alzheimer’s disease.

- The Mayo Clinic reported that the primary pathologic diagnosis among cases was Alzheimer’s disease in at least 45 cases, Lewy Body Disease in 4 cases and 5 cases of Frontotemporal Dementia. There were also 2 cases of Progressive Supranuclear Palsy (PSP), 1 case of Rapidly Progressive Dementia, 1 case of Vascular-Ischemic Dementia, and 1 case of Mild Cognitive Impairment. Vascular disease was detected in 49% of all cases. Lewy Body Disease was present in 44% of all cases and a pathology identified as TDP-43 was present in 46% of all cases.
- 611 samples of frozen brain tissue were shared with Florida investigators, including Mayo Clinic research scientists and investigators from other well-known institutions such as: UCLA, Emory, Columbia, and Johns Hopkins.
- The Florida Brain Bank Program contributes to the field of Neuroscience with publications generated from research conducted on brain tissue. A total of nine publications were released.