

Communities for a Lifetime

Department of
ELDER AFFAIRS
STATE OF FLORIDA



Communities for a Lifetime (CFAL) is a statewide program of the Florida Department of Elder Affairs that aims to make all communities a safe and nurturing place for people of all ages, especially older adults.

How CFAL Serves You

Technical assistance from CFAL helps families to make informed decisions about important aging issues and includes free presentations on these important topics, as well as outreach materials, public events, and updated information about resources available in local communities.

For more information, visit
elderaffairs.org

Why CFAL Is Needed

America is growing older. By 2020, the number of people age 65 and older will increase by one-third. With more than 4.9 million elders, Florida has the highest population percentage of elders in the nation and will continue to do so for the foreseeable future. In the next 10 years, 5 million new residents will move to Florida, and more than 55% of them will be elders. Making communities more livable for aging residents will help Floridians remain independent as they live safely in their own homes and communities.

CFAL communities draw on existing resources and state technical assistance in building local partnerships that improve the following:

- Housing;
- Transportation;
- Mobility;
- Elder Abuse, Neglect, and Exploitation Prevention;
- Falls Prevention;
- Aging-in-place education; and
- Other community partnerships.



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Services of CFAL

- **Housing & Assisted Living**

The Housing Unit was established with the mission of providing information, referrals, and technical assistance to elders and community leaders in need of affordable housing and assisted living choices.

- **Transportation and Mobility**

The Transportation Unit works to connect individuals with local and state resources that meet their transportation needs through ongoing efforts and partnerships, including the Department of Transportation and the Department of Highway Safety and Motor Vehicles, as well as local community transportation groups.

- **Elder Abuse Prevention**

The Elder Abuse Prevention Program works to protect elders from abuse in all forms

– physical, emotional, financial, and more. The program spreads to increase awareness of the problem of elder abuse, neglect, and exploitation through community educational events and includes training and dissemination of elder abuse prevention materials. It also funds special projects to provide training and prevention activities in support of Elder Abuse Prevention Day – annually recognized on June 15.

- **Falls Prevention**

Falls are the leading cause of death among elders, and DOEA works with other agencies, including the Florida Department of Health, to provide falls prevention awareness and education to keep elders safe in their homes and communities. The Falls Prevention Program provides

technical assistance to the public on how to prevent falls within homes and communities. The program presents a collection of home and outdoor safety information and precautions that help keep homes fall proof, accessible, and safe.

To schedule a presentation or event on CFAL initiatives, please contact:

Falls Prevention and CFAL Initiatives,

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Elder Abuse, Neglect, and Exploitation Initiatives

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